**Surffffff**

Surfing is not just a sport. Surfing is a religion. Surfing is a philosophy. Surfing is a way of life. The old Hawaiian kings surfed the shores of Hawaii. The surfers of the American West Coast were the link between the beatniks and hippies. Surfers learn from the sea, how every wave is different and how to control their fears. They taste the salty waters, and feel the wind. Everybody has an inner surfer, waiting for the perfect wave. This mindful book connects you to your inner surfer and teaches you how to go with the flow.

**Author:** Gerard Janssen

**Illustration:**

**Design:**

**Size:** 155 x 155 mm

**Pages:** 144

**Binding:** american binding

**Price:** €14,99

**Release:** March 2018

**Key selling points:**

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| * Author of the bestsellers *Pregnancy book for Men* (with more than 23.000 copies sold), *Daughters* and *Sons*.
* Fits to the trend of a mindfulness life.
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