Chapter One: Athlete Squads

The Haenyeo

The Sea-Divers of South Korea

Active c. 17th century–present

Shirley and Sharon Firth

The First Nations Twin Sisters Who Skied their Way to the Olympics

1953–2013 (Shirley), 1953–present (Sharon)

The 1964 Japanese Women’s Volleyball Team

*The “Witches of the Orient” who Dominated their Sport*

Active 1954–1964

Madison Keys and Sloane Stephens

The Tennis Prodigies Who Literally Reached Across the Net

Active 21st century

Chapter Two: Political and Activist Squads

Trưng Trắc and Trưng Nhị

The Vietnamese Sisters Who Led an Uprising

c. 20 CE–43 CE

Manon Roland and Sophie Grandchamp

The Aristocratic Best Friends with a Front Row Seat to the French Revolution

1754–1793

The Patriotic Women’s League of Iran  
The Persian Women who Fought for Equal RightsActive 1922–1933

Ruth Bader Ginsburg, Sonia Sotomayor, and Elena Kagan

The Ladies of the U.S. Supreme Court

Active 20th Century

Chapter Three: Warrior Squads

The Dahomey Amazons

The Royal Regiment that Astounded the World

Active c. 1645–1890

Anne Bonny and Mary Read

The Lady Pirates Who Terrorized the Seven Seas

Active c. 1698–1721

The Red Lanterns Shining

The Superpowered Warrior Women Who Defended China

Active c. 1898–1901

The Red Women of Finland

The Leftist Female Fighters Who Took On Inequality

Active 1918–1919

Chapter Four: Scientist Squads

Anandibai Joshi, Sabat Islambooly, and Kei Okami

The First Eastern Doctors of Western Medicine

Active 19th Century

The Edinburgh Seven

The First Women Medical Students in Great Britain

Active 19th Century

The Women Scientists of Antarctica

The Researchers who Teamed Up to Explore the Ends of the Earth

Active 20th Century

The West Area Computers

The Black Women Mathematicians Who Put a Man on the Moon

Active 20th Century

Chapter Five: Artist Squads

The Trobairitz

The Feminist Musicians Who Rocked Medieval France

Active c. 1180–1230

The Blue Stockings Society

The Literary Ladies of London

Active c.1750–1790

Salome Ureña and the Instituto de Señoritas

The Revolutionary Women Writers of the Dominican

1881–1936

The Zohra Orchestra

Afghanistan’s First All–Girl Musical Ensemble

Active 2014–Present