

DE WILDKAMPEERREGELS IN EUROPA

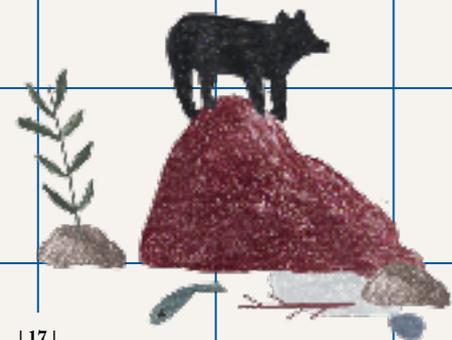


A-Z.

Belgium	Wild camping is prohibited. There are bivouac areas zones where you can legally stay for one or two nights. You can find them on bivakzone.be .
Bulgaria	Wild camping is prohibited, unless you get permission from the landowner.
Denmark	Wild camping is prohibited. You can find locations where it is allowed on udinaturen.naturstyrelsen.dk .
Germany	Wild camping is prohibited, unless you get permission from the landowner. Avoid national parks when you still take the risk. There are a few bivouac zones in the Eifel and the Pfälzerwald. They cost 10 euro per tent and you have to make a reservation beforehand (you will receive the coordinates after).
England	Wild camping is forbidden unless you get permission from the landowner. It is allowed in nature reserve Dartmoor: dartmoor.gov.uk/enjoy-dartmoor/outdoor-activities/camping . There is also a tradition with wild camping in the Lake District where it's being tolerated by the landowners.
Estonia	Wild camping is allowed.
Finland	Wild camping is allowed (see page 12).
France	Bivouac is allowed from 7 PM until 9 AM the next morning and not more than an hour of walking away from the road of the edge of the nature area. Sometimes other rules apply in nature reserves.
Greece	Wild camping is forbidden, but is often being tolerated.
Hungary	Wild camping, unless you get permission of the landowner.
Ireland	Wild camping is forbidden, but is often being tolerated.

Iceland	Wild camping is allowed with exception of some nature parks.
Italy	Wild camping is forbidden. In the nature park Alpi Maritimi it's allowed to bivouac* from 7 PM until 9 AM the next morning. It's also being tolerated at heights above 2000 metres.
Croatia	Wild camping is forbidden.
Latvia	Wild camping is allowed.
Lithuania	Wild camping is allowed.
Luxembourg	Wild camping is forbidden, unless you get permission from the land owner.
Netherlands	Wild camping is forbidden, except on pole camping's. You can find the locations on staatsbosbeheer.nl .
Norway	Wild camping is allowed (see page 12).
Austria	The rules differs per are, take a look on alpenverein.at/portal/natur-umwelt/bergsport_umwelt/zelten-biwakieren.phpv
Poland	Wild camping is allowed, with exception of a few nature parks.
Portugal	Wild camping is forbidden.
Scotland	Wild camping is allowed.
Slovakia	Wild camping is forbidden
Spain	Similar rules as for France: you can stay overnight at an hour of walk from the edge of the nature area. But the rules differ per region. The rules are smoother in Catalonia.
Czech Republic	Wild camping is forbidden

*Sometimes there are distinguishes made in the mountains.



BACKPACK

WHAT TO BRING WITH YOU?



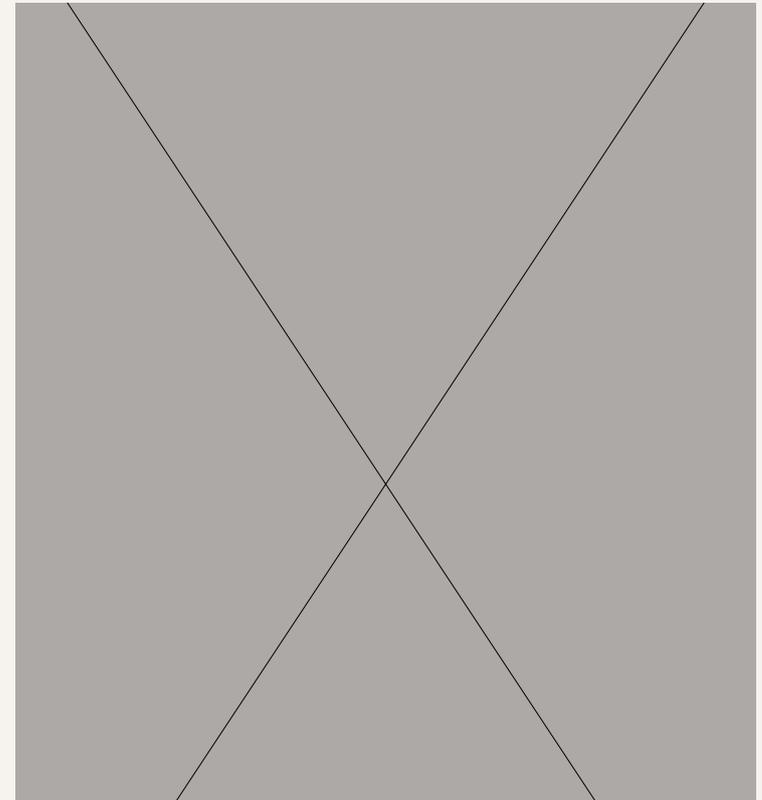
INDISPENSABLE ITEMS DUCT TAPE

If you walk away from home with a stick that holds a bag, what should you put in that bag? Not too much, because otherwise your stick will break and you won't get far. Then what? It depends a bit on the circumstances, but these items will certainly come in handy. Even if you choose a backpack instead of a stick.

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ESSENTIAL ITEMS FOR YOUR SURVIVAL EXPEDITION

— *The noble art of packing* —



Tinder
Stuff to make fire
Knife
Hammock
Sleeping bag
Extra blanket
First aid kit

3 cans of food
3 bottles of water
Cookware
Robe
Extra clothes
Flashlight
Mobile phone

Parachute robe
Paperclips
Duct tape
Aluminium foil
Billy Can (see page 80)
Fishing set
Whistle

12 THINGS YOU CAN DO WITH duct tape



01. FIRST AID



BANDAGE

You can use duct tape to 'stitch' a deep cut. Make a fish bone pattern of small pieces of duct tape. Paste a small piece in the middle, the sticky side to the sticky side. So that the piece on the cut doesn't stick and the pieces perpendicular to the cut do.

BLISTERS

You can use some duct tape when you got blisters on your feet and the band aids keep getting loose to keep them in place.

BROKEN ARM

You can stabilize a broken arm or leg by taping a twig to it (see page 125).



02. STUFF

FLY CATCHER

You can hang strands of duct tape by the campfire so the flies and mosquitos will stick to it.



MAKE A BUCKET

Wrap duct tape around a trunk with the sticky side outwards. The first wrapper is the hardest (because the sticky side is on the outside). Make a shell of one side of the trunk with the whole sticky side outwards. Cover this bucket with duct tape with the sticky side inwards so sticky side on sticky side. It's closed when the bucket is completely covered and you can't detect any hole. You can use it to catch rain for example.

ROPE

You can also use duct tape to make rope. Stick the tape to a branch and roll out to the desired length. Secure the other side to a branch. Tension the duct tape and start turning until you have a good duct rope.

When you can't fix it with duct tape, it's unfixable. There was even a roll of duct tape at the Nasa space flights.

05. CLOTHES



FIX CLOTHES

You can use duct tape just fine for first aid with broken clothes. You can make a damaged rain coat waterproof again.

FIX YOUR AIRBED

You can use duct tape to fix your self-inflating airbed.

FIX SHOES

You can wrap a piece of duct tape around your shoe when your shoes are ripped or when part of your shoe sole is getting loose. It's also possible to tape the inside of your shoes for extra isolation.



04. WATER EN VUUR



FIRELIGHTERS

Make a ball out of kibbles of resin and duct tape. The ball will burn when you light up the duct tape. This way you can make fire when it rains. www



TINDER

A piece of duct tape ripped into small slices and coiled into a ball works well as a tinder. You can light it up with a Ferro cerium rod.



FIX A WATER BOTTLE

Duct tape is the best material for fixing a water bottle. Stick a piece of tape on the hole or the split and you're done.

FOOD

WATER AND BREAD



ROOTS
PLANTS
BERRIES
MUSHROOMS
FISH
BUGS

There's lots of food to find in nature. Even when we keep animals such as rabbits, hares and ducks outside consideration. Nuts and roots can be very nutritious and lots of mushrooms and plants are edible. But it's important to learn first about nature... There are plants and berries that are poisonous.

ROOTS

Plants store their energy in their roots. The best time to harvest them is in late summer or early autumn. It often takes a lot of energy to dig out roots. That's why you have to search for roots in loose sandy soil because that's where roots grow biggest.



NETTLE

Nettles are rich in iron and egg whites. You can stew it as spinach. You can also make a nettle soup.

LESSER CELANDINE

Make sure you boil the roots of the celandine before you eat them. When raw they are poisonous.

CLOVER

You can eat young clover leaves as spinach. You can use dried flowers as herb. The Irish made flower out of dried clover leaves.

MALLOW

You can use the young leaves of mallow to stew or as an herb.

BURDOCK

The burdock is a plant with large leaves with prickly flower buds which stick to clothes and animal skin. Once they were the inspiration for the development of Velcro. The flowers are purple. You can dig up and eat the roots of a young plant in Fall or Spring.