Make Your Own- Snor

Spring 2016

**FOREWORD**

Could you survive on a desert island? Do you know how to slaughter a chicken? Do you know what you all can do with wool of a sheep? Or with milk from a goat? Can you make cheese yourself? Press oil? Make butter? No? We just found out ourselves recently. We found it pretty stupid that we didn’t knew all these things. Without thinking it through, we bought all sort of stuff at the shop around the corner, but how grows a sprout? And what time does it take to grinds grain into flour? We had no clue. And that’s pretty crazy. You surround yourself with stuff you don’t know the origin from and where you have no clue what happened with the product before it ends up in your house or mouth.

That got us thinking. Shouldn’t we try to make more things by ourselves? We thought about one of the first books we made, ‘’Fred and Wilma in the suburb’’ in which we urged people to live a self-sufficient life, and ‘’Self Potted’’ and ‘’Self farming’’ in which we tried to encourage people to make delicious things with self-harvested products. So we already knew how fun it can be to make your own jam and liquor. Why don’t make your own cheese also? We were proud when we tasted the first bite. Not because it tasted that good, but because it tasted like cheese! Altogether home-brewed!

Our discovery began from that point; making sausage, oil pressing, spinning wool. There is so much that you can choose to make. And it's so much fun to do! And besides, it turns out: when you make things themselves, you’ll have more appreciation of what you might buy. You will see, your life will be richer and nicer! So, go on, get to work! You can enjoy your homemade wine while you’re eating a bite of your sausage in your self-knitting sweater with just a little patience, the right equipment and the right explanation. And you’ll enjoy much more of everything you see and taste. Good luck!

Annemarieke and Claudette

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* Plums
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**Make your own**

* Rhubarb cello
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* Apple Juice
* Apple
* Wine
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* Bread
* Beer

**Techniques**

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* Liqueur
* Chutney
* Pesto

**3 ANIMALS**

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**Make your own**

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**Make your own**

* Loom
* Fabric
* Walnut oil
* Candles
* Mustard
* Felt

**A WORD OF THANKS AND THE COLOPHON**